

#### **Emergency Supply Kit Checklist**

- One gallon of drinking water per person per day
- Non-perishable, ready-to-eat canned foods & a manual can opener
- First-aid kit
- Flashlight
- Battery-operated AM/FM radio & extra batteries
- Whistle
- Personal hygiene items
- Phone that doesn't rely on electricity

# FIND A SAFE PLACE CAMPAIGN

### **HURRICANE SEASON IS APPROACHING**

#### STAYING SAFE WHEN A DISASTER STRIKES MEANS

- Having a Disaster Plan
- Having an Emergency Supply Kit
- Having a "Go Bag" in the event that I must evacuate from my home
- Being Prepared to Evacuate

## MAKE SURE YOU HAVE A DISASTER PLAN THIS HURRICANE SEASON

For more information on how to prepare this Hurricane Season please call the Red Cross at 1-800— RED-CROSS

### Items to Include in Your GO BAG

- Important Documents
- Extra Set of House Keys
- Credit Cards & Cash (\$50.00 to \$100.00 is the recommended).
- Bottled water & nonperishable foods such as granola or energy bars
- Flashlight, battery-operated AM/FM radio, and extra
- First-aid Kit
- Medication and other essential personal items. Be sure to refill medications before they expire. Include a list of the medications you take, why your take them, and their dosages.
- Sturdy, comfortable shoes, and clothing for 7days
- A blanket and pillow
- Any special care items that you use on a daily basis (i.e. Insulin equipment, prescriptions, communication boards, wheelchairs, canes, glasses, etc.)

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